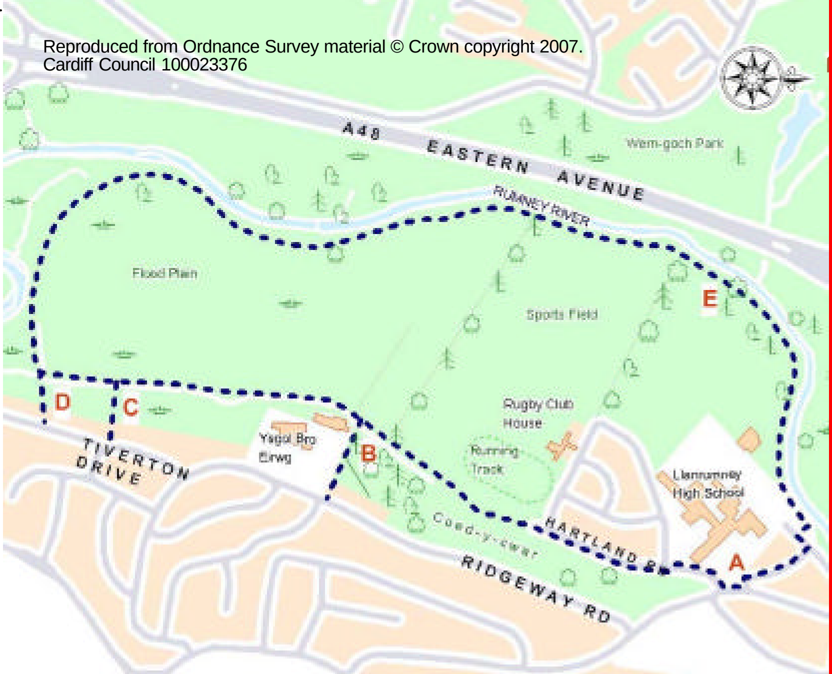


RUMNEY RIVER

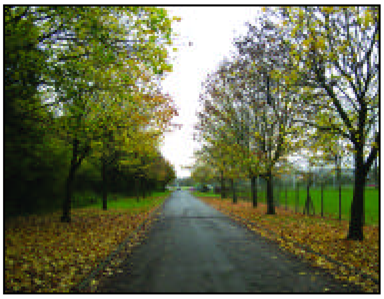
2.1 miles milltir

Rumney River DIRECTIONS

Start at gates of Llanrumney High School, Ball Lane **(A)**, turn right out of gates following the pavement down Hartland Road. Cross over Clovelly Road, continue down Hartland Road, past Mendip Road, and through the avenue of trees towards Rumney Rugby Football Club.

Walk past running track with Rumney RFC (Riverside Park) pitch on right and the woodland Coed-y-Cwar on left. Continue past Rumney RFC clubhouse and also Ysgol Bro Eirwg on the left **(B)**. Pass through a stile and follow the gravel path, (take either gravel path route as they rejoin in 50 yards).

At **(D)** turn right, noting the Rumney

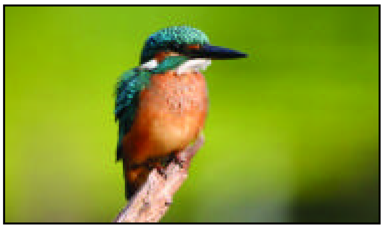


Trail Wood Pole. Follow the path across middle of the flood plain. Note the Rumney River on left side with the public playing fields behind. Continue on the gravel path, walking back towards Rumney RFC pitches and Llanrumney High School playgrounds.

Rumney River DIRECTIONS

Pass through metal stile joining Ball Road again at **(A)**.

For a longer walk you can cross to Wern Goch Park and a lake via the footbridge across the Rumney river and under the A48 **(E)**. There are access points to join the walk from the residential area close by. Ridgeway Road at **(B)**, but bear in mind that it's only open outside schools hours. Another access point is at **(C)** from Tiverton Drive, which links to Rumney Hill Gardens. Be aware, it is a very steep slope.



Rumney River DETAILS

This is a circular walk utilising the newly developed Rhymney Trail. There is plenty to see on this walk including buzzards, herons, kingfishers, gulls and waders on the river. There are pleasant views of the river, its wild life and ridges to the north.

The walk passes by a reed bed, and in the spring enjoy the bird song. A wild flower meadow containing marsh orchids and wetland plants.

The small woodlands have many spring flowers. Birds of prey can be seen on the open plain.

MANYLION Afon Rhymni

Mae hwn yn dro cylchol sy'n gwneud defnydd o Lwybr Rhymni a ddatblygwyd yn ddiweddar. Mae digon i'w weld, gan gynnwys boncathod, crëyr glas, glas y dorlan, gwylanod a rhydyddion ar yr afon. Ceir golygfeydd braf o'r afon, ei bywyd gwyllt ac o'r cefnennau tua'r gogledd.

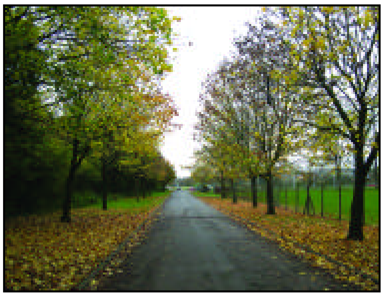
Mae'r llwybr yn mynd heibio gwelyau cyrs, a gallwch fwynhau clywed yr adar yn canu yma yn y gwanwyn. Mae'n ddôl o flodau gwyllt sy'n cynnwys tegeirian y gors a phlanhigion y gwlypdiroedd.

Mae'r coedlannau bychain yn cynnwys llawer o flodau'r gwanwyn. Gellir gweld adar ysglyfaethus ar y gwastadedd agored.

CYFARWYDDIADAU Afon Rhymni

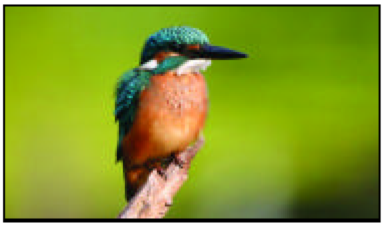
Cychwynnwch wrth gatiau Ysgol Gyfun Llanrhymni, Ball Lane **(A)**, a throwch i'r dde ar ôl y gatiau gan ddilyn y palmant ar hyd Hartland Road. Croeswch Clovelly Road, ymlaen ar hyd Hartland Road, heibio Mendip Road, a thrwy'r rhodfa goed tuag at Glwb Rygbi Tredelerch.

Cerddwch heibio'r trac rhedeg sydd â chae'r Clwb Rygbi (Parc Glan-yr-Afon) ar y dde a choedlan Coed-y-Cwar ar y chwith. Ewch ymlaen heibio adeilad y Clwb Rygbi a hefyd heibio Ysgol Bro Eirwg ar y chwith **(B)**. Ewch dros gamfa a dilynwch y llwybr graeanog (cymerwch unrhyw un o'r llwybrau graeanog gan eu bod yn ymuno eto ymhen 50 llath).



Yn **(D)** trowch i'r dde, gan sylwi ar Bolyn Llwybr Coed Rhymni. Dilynwch y llwybr ar draws canol y gorlifdir. Sylwch ar Afon Rhymni ar y chwith a'r caeau chwarae cyhoeddus y tu ôl iddi. Ewch ymlaen ar hyd y llwybr graeanog, gan gerdded yn ôl tuag at gaeau'r Clwb Rygbi a chaeau

CYFARWYDDIADAU Afon Rhymni

chwarae Ysgol Gyfun Llanrhymni.

Ewch dros gamfa fetel sy'n ymuno â Ball Road unwaith eto **(A)**. Am dro hirach gallwch groesi tuag at Barc Wern Goch, lle mae llyn, dros y bont droed dros Afon Rhymni ac o dan yr A48 **(E)**. Mae mynedfeydd i'r llwybr o'r ardal dai gyfagos yn Ridgeway Road **(B)**, ond cofiwch mai dim ond y tu allan i oriau ysgol y bydd yr ardal hon ar agor. Ceir mynedfa hefyd yn **(C)** o Tiverton Drive, sy'n cysylltu â Rumney Hill Gardens. Ond byddwch yn ymwybodol ei fod yn llethr serth iawn.